

WHAT ISSUES CAN BE ADDRESSED ON-SITE OR BY REFERRAL?

- Alcohol/Substance Abuse
- Bullying
- Common Sense Parenting
- Depression
- Discipline
- Divorce/Separation
- Domestic Violence
- Eating Disorders
- Family Issues
- Food Assistance
- Grief/Loss Issues
- Housing Assistance
- Parenting Support & Education
- Special Education Parent Programs
- Stress Control
- Study Skills
- Underage Gambling



FOLLOWS AMHERST CSD SCHOOL CALENDAR

The FSC follows the school calendar and closes during school holidays, snow days and summer vacation.

WHAT DOES THE FSC OFFER?

How does it work?

Families can be referred to the FSC by an Amherst Central School District counselor, social worker or psychologist. Families can also call the FSC directly to schedule an appointment. At your first appointment, you will speak with the Family Support Center Liaison and depending on your needs, you will either be seen directly at the Family Support Center or referred to another service in the community.

What will it cost?

Many of the services and group sessions are free, however if you receive individual counseling with one of our partner agencies, it may go through your insurance.

What is not provided?

We don't provide long-term intensive mental health treatment or medications.

Are there other services?

We provide FREE workshops on a variety of topics. We also provide linkage to services. If there are particular services that we do not provide, we can assist families with connecting to outside resources.

The FSC falls within the district's Pupil Personnel Staff programming administered by Michael Belle-Isle, Assistant Superintendent for Student and Staff Services, 716-362-3060.

WHO PROVIDES COUNSELING?



Juliane Grover FSC Liaison & School Counselor

A school counselor with over 15 years experience working in Gateway Longview schools. Her focus has been on helping children and families improve their mental health.

716-362-3071



Marlana Howard, LCSW

A licensed clinical social worker with more than five years experience working with children and adolescents at an outpatient counseling center.

716-362-3073

WE BELIEVE

- Strong families influence a child's well-being by providing guidance, skills and motivation.
- Families can change their environment to meet the situational challenges that affect most families.
- School and parents need to work together to achieve home and school success.



HOW DOES THE FSC HELP?

The FSC helps families cope with the changes and challenges of everyday life.

We can also assist families in seeking their own solutions in a manner that will build confidence and hope.

SAFE, TRUSTING CONFIDENTIAL

We partner with community human service agencies to provide support for families' social, education, mental and physical health needs through:

- Individual and family counseling
- Support groups
- Parenting groups
- Referrals to outside community resources
- Wellness activities

Collaborative Partners

- Parent Network of WNY
- Mental Health Advocates of WNY
- Gateway Longview Behavioral Health
- Horizon Health Services
- National Alliance on Mental Illness (NAMI)

Other agencies will be added as onsite partners. The center will also act as a conduit for referrals to outside agencies to meet the needs of each family.

FSC WEBSITE

www.amherstschools.org/familysupportcenter
Our web page has information on free, local workshops for parents, mental health resources and more!

AMHERST CENTRAL FAMILY SUPPORT CENTER



Where mental health matters and strong families succeed

Located at St. Paul's Lutheran Church
4007 Main St., Amherst, NY 14226
Use entrance from back parking lot



Monday through Friday
8 a.m.—3 p.m.

Confidential Voice Mail - 716-362-3071
For general inquiries, email
familysupportcenter@amherstschools.org

Evening hours are available upon request.
Call to schedule appointments outside of
office hours.

Services through the FSC are available to
families that have students in the
Amherst Central School District